Tamil Nadu Physical Education and Sports University

India's First State University in Physical Education and Sports
Melakottaiyur, Chennai - 600127

ODD SEMESTER REGULAR EXAMINATION NOVEMBER-2026

BACHELOR OF PHYSICAL EDUCATION AND SPORTS-(2016 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
BS16101	Tamil - I	14-12-2026	10:00 AM to 01:00 PM
BS16102	English I	14-12-2026	02:00 PM to 05:00 PM
BS16103	General Knowledge and History of Physical Education	15-12-2026	10:00 AM to 01:00 PM
BS16104	Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)	15-12-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
BS16202	English II	09-12-2026	02:00 PM to 05:00 PM
BS16203	Anatomy and Physiology	10-12-2026	02:00 PM to 05:00 PM
BS16201	Tamil II	11-12-2026	02:00 PM to 05:00 PM
BS16204	Rules of Games and Sports-Part II (Volleyball, Table Tennis, Swimming, Throwball, Kho-Kho)	12-12-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
BS16301	Tamil III	07-12-2026	10:00 AM to 01:00 PM
BS16302	English III	08-12-2026	10:00 AM to 01:00 PM
BS16303	Health and Safety Education	11-12-2026	10:00 AM to 01:00 PM
BS16304	Rules of Games and Sports-Part III (Track and Field and Cross Country)	12-12-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
BS16401	Tamil IV	07-12-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
BS16402	English IV	08-12-2026	02:00 PM to 05:00 PM
BS16403	Methods in Physical Education	09-12-2026	02:00 PM to 05:00 PM
BS16404	Rules of Games and Sports-Part IV (Tennis, Ball Badminton, Football, Gymnastics)	10-12-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
BS16501	Science of Yoga	02-12-2026	10:00 AM to 01:00 PM
BS16502	Care and Prevention of Sports Trauma	03-12-2026	10:00 AM to 01:00 PM
BS16503	Kinesiology and Biomechanics	04-12-2026	10:00 AM to 01:00 PM
BS16504	Educational Psychology and Sports Journalism	05-12-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
BS16601	Excerise Physiology and Nutrition	02-12-2026	02:00 PM to 05:00 PM
BS16602	Test,Measurement and Evalution	03-12-2026	02:00 PM to 05:00 PM
BS16603	Scientific Principles of Sports Training	04-12-2026	02:00 PM to 05:00 PM
BS16604	Rules of Games and Sports Part v	05-12-2026	02:00 PM to 05:00 PM

Controller of Examinations

Tamil Nadu Physical Education and Sports University

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ODD SEMESTER REGULAR EXAMINATION NOVEMBER-2026

BACHELOR OF PHYSICAL EDUCATION -(2018 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness	05-12-2026	10:00 AM to 01:00 PM
UPE18DE001	Olympic Movement	05-12-2026	10:00 AM to 01:00 PM
UPE18DE002	Gender Studies	05-12-2026	10:00 AM to 01:00 PM
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation	05-12-2026	10:00 AM to 01:00 PM
UPE18CT101	History, Principles And Foundation Of Physical Education	09-12-2026	10:00 AM to 01:00 PM
UPE18CT102	Anatomy And Physiology And Health Education	09-12-2026	02:00 PM to 05:00 PM
UPE18CT103	Yoga Education	10-12-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
UPE18DE005	Educational Technology And Computer Application In Physical Education	05-12-2026	02:00 PM to 05:00 PM
UPE18DE006	Sports Nutrition And Weight Management	05-12-2026	02:00 PM to 05:00 PM
UPE18DE008	Research Project	05-12-2026	02:00 PM to 05:00 PM
UPE18DE007	Disability And Inclusive Education	05-12-2026	02:00 PM to 05:00 PM
UPE18CT201	Sports Training	07-12-2026	02:00 PM to 05:00 PM
UPE18CT202	Organization ,Administration And Methods In Physical Education	08-12-2026	10:00 AM to 01:00 PM
UPE18CT203	Theories Of Sports And Games, Coaching And Officiating- Part I	08-12-2026	02:00 PM to 05:00 PM

SEMESTER - 3			
Subject Code	Subject Name	Date	Time
UPE18CT301	Measurement And Evaluation In Physical Education	02-12-2026	10:00 AM to 01:00 PM
UPE18CT302	Research And Statistics In Physical Education	03-12-2026	10:00 AM to 01:00 PM
UPE18CT303	Sports Management And Recreation And Camping	04-12-2026	10:00 AM to 01:00 PM
UPE18DE004	Contemporary Issues In Physical Education, Fitness And Wellness	05-12-2026	10:00 AM to 01:00 PM
UPE18DE002	Gender Studies	05-12-2026	10:00 AM to 01:00 PM
UPE18DE001	Olympic Movement	05-12-2026	10:00 AM to 01:00 PM
UPE18DE003	Sports Medicine, Physiotherapy And Rehabilitation	05-12-2026	10:00 AM to 01:00 PM
UPE18GE301	Construction and Maintenance of Play fields	07-12-2026	10:00 AM to 01:00 PM
UPE18GE301B	Tourism management in India	07-12-2026	10:00 AM to 01:00 PM

SEMESTER - 4			
Subject Code	Subject Name	Date	Time
UPE18CT401	Theories Of Sports And Games, Coaching And Officiating- Part II	02-12-2026	02:00 PM to 05:00 PM
UPE18CT402	Kinesiology And Biomechanics	03-12-2026	02:00 PM to 05:00 PM
UPE18CT403	Sports Psychology And Sociology	04-12-2026	02:00 PM to 05:00 PM
UPE18DE007	Disability And Inclusive Education	05-12-2026	02:00 PM to 05:00 PM
UPE18DE006	Sports Nutrition And Weight Management	05-12-2026	02:00 PM to 05:00 PM
UPE18DE005	Educational Technology And Computer Application In Physical Education	05-12-2026	02:00 PM to 05:00 PM
UPE18DE008	Research Project	05-12-2026	02:00 PM to 05:00 PM

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ODD SEMESTER REGULAR EXAMINATION NOVEMBER-2026

MASTER OF PHYSICAL EDUCATION-(2018 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
PPE18CT102	Yogic Sciences	02-12-2026	02:00 PM to 05:00 PM
PPE18CT103	Tests, Measurement And Evaluation In Physical Education	03-12-2026	02:00 PM to 05:00 PM
PPE18DE002	Sports Technology	04-12-2026	02:00 PM to 05:00 PM
PPE18DE001	Physical Fitness And Wellness	04-12-2026	02:00 PM to 05:00 PM
PPE18DE003	Sports Engineering	04-12-2026	02:00 PM to 05:00 PM
PPE18DE004	Professional Preparation For Slet/Net In Physical Education	04-12-2026	02:00 PM to 05:00 PM
PPE18CT101	Research Process In Physical Education And Sports Sciences	05-12-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
PPE18DE006	Health Education And Sports Nutrition	04-12-2026	10:00 AM to 01:00 PM
PPE18DE008	Educational Technology In Physical Education	04-12-2026	10:00 AM to 01:00 PM
PPE18DE007	Value And Environmental Education	04-12-2026	10:00 AM to 01:00 PM
PPE18DE005	Sports Journalism And Mass Media	04-12-2026	10:00 AM to 01:00 PM
PPE18CT201	Applied Statistics In Physical Education And Sports	07-12-2026	10:00 AM to 01:00 PM
PPE18CT202	Sports Biomechanics And Kinesiology	08-12-2026	10:00 AM to 01:00 PM
PPE18CT203	Sports Psychology And Sociology	09-12-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
PPE18DE002	Sports Technology	04-12-2026	02:00 PM to 05:00 PM
PPE18DE004	Professional Preparation For Slet/Net In Physical Education	04-12-2026	02:00 PM to 05:00 PM
PPE18DE003	Sports Engineering	04-12-2026	02:00 PM to 05:00 PM
PPE18CT301	Sports Medicine, Athletic Care And Rehabilitation	07-12-2026	02:00 PM to 05:00 PM
PPE18CT302	Physiology Of Exercise	08-12-2026	02:00 PM to 05:00 PM
PPE18CT303	Scientific Principles Of Sports Training	09-12-2026	02:00 PM to 05:00 PM
PPE18GE301B	Special Olympics	10-12-2026	10:00 AM to 01:00 PM
PPE18GE301A	Recreational and Inclusive Games	10-12-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
PPE18DN401	Dissertation (Last Date Of Submission)		
PPE18CT401	Information And Communication Technology (ICT) In Physical Education	02-12-2026	10:00 AM to 01:00 PM
PPE18CT402	Sports Management And Curriculum Design In Physical Education	03-12-2026	10:00 AM to 01:00 PM
PPE18DE007	Value And Environmental Education	04-12-2026	10:00 AM to 01:00 PM
PPE18DE008	Educational Technology In Physical Education	04-12-2026	10:00 AM to 01:00 PM

Controller of Examinations

Tamil Nadu Physical Education and Sports University
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ODD SEMESTER REGULAR EXAMINATION NOVEMBER-2026

BACHELOR OF SCIENCE IN EXERCISE PHYSIOLOGY AND NUTRITION-(2018 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
UEN18CT101	Basic Anatomy and Physiology I		
UEN18CT105	English I		
UEN18CT102	Fundamentals in Food Science		
UEN18CT103	Health Education		
UEN18CT104	Tamil I / Hindi I / Special English I /Basic Tamil I		

SEMESTER - 2

Subject Code	Subject Name	Date	Time
UEN18CT205	English II		
UEN18CT202	Introduction to Human Nutrition		
UEN18CT203	Clinical Exercise Testing Procedures		
UEN18AE201	Environmental Studies (Foundation Course)		
UEN18CT204	Tamil II / Hindi II / Special English II/Basic Tamil		
UEN18CT201	Basic Anatomy and Physiology II		

SEMESTER - 3

Subject Code	Subject Name	Date	Time
UEN18CT303	Training and Performance		
UEN18CT302	Sports Nutrition		
UEN18CT304	Tamil III / Hindi III / Special English III/Special Tamil		
UEN18CT301	Kinanthropometry		
UEN18CT305	English II		

SEMESTER - 4			
Subject Code	Subject Name	Date	Time
UEN18CT401	Exercise for Special Population		
UEN18CT405	English IV		
UEN18CT402	Clinical Dietics		
UEN18CT403	Effect of Exercise on Various System		
UEN18CT404	Tamil IV		

SEMESTER - 5			
Subject Code	Subject Name	Date	Time
UEN18SE501	Elementary Statistics in Exercise Physiology and Nutrition	02-12-2026	10:00 AM to 01:00 PM
UEN18DE505	Geriatric sports and Nutrition	03-12-2026	10:00 AM to 01:00 PM
UEN18DE501	Kinesiology	04-12-2026	10:00 AM to 01:00 PM
UEN18DE502	Strength training and conditioning	05-12-2026	10:00 AM to 01:00 PM
UEN18DE503	Nutritional Ergogenic Aids and Exercise Performance	07-12-2026	10:00 AM to 01:00 PM
UEN18DE504	Weight Management	08-12-2026	10:00 AM to 01:00 PM
UEN18DE506	Floor and step aerobics	09-12-2026	10:00 AM to 01:00 PM

SEMESTER - 6			
Subject Code	Subject Name	Date	Time
UEN18DE601	First Aid and Sports injury and Physiotherapy	02-12-2026	02:00 PM to 05:00 PM
UEN18DE605	Fitness and Wellness	03-12-2026	02:00 PM to 05:00 PM
UEN18DE602	Occupational and Functional Assessment and Musculo-Skeletal Exercise Prescription	04-12-2026	02:00 PM to 05:00 PM
UEN18DE603	Sports Biomechanics	05-12-2026	02:00 PM to 05:00 PM
UEN18DE604	Nutrition and Immune Function in Athletes	07-12-2026	02:00 PM to 05:00 PM
UEN18DE606	Stability and Core training	08-12-2026	02:00 PM to 05:00 PM
UEN18SE601	Computer Application in Exercise Physiology and	09-12-2026	02:00 PM to 05:00 PM

Controller of Examinations
TNPESU, Chennai - 127.

Tamil Nadu Physical Education and Sports University
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ODD SEMESTER REGULAR EXAMINATION NOVEMBER-2026

BACHELOR OF SCIENCES IN SPORTS BIOMECHANICS AND KINESIOLOGY-(2019)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
UBM19CT104	Basic Biomechanics		
UBM19CT101	Tamil I / Hindi- I		
UBM19CT105	Mathematics in Biomechanics		
UBM19CT102	English - I		
UBM19CT103	Introduction to Human Anatomy and Physiology	02-12-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
UBM19CT202	English - II		
UBM19CT204	Introduction to Kinesiology		
UBM19CT205	Physiology of Exercise		
UBM19CT201	Tamil II / Hindi- II	02-12-2026	10:00 AM to 01:00 PM
UBM19AE201	Environmental Studies	02-12-2026	02:00 PM to 05:00 PM
UBM19CT203	Applied Anatomy and Physiology	03-12-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
UBM19CT304	Motor Learning		
UBM19CT305	Kinanthropometry		
UBM19CT302	English-III		
UBM19CT303	Applied Biomechanics		
UBM19CT301	TAMIL - III	02-12-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
UBM19CT403	Introduction to Human Gait and Posture		
UBM19CT404	Biomechanics of Track events		
UBM19CT401	Tamil IV / Hindi- IV		
UBM19CT405	Biomechanics of Field Events		
UBM19CT402	English IV		

SEMESTER - 5

Subject Code	Subject Name	Date	Time
UBM19CT502	Biomechanics of Sports and Games II		
UBM19SE501	Computer Applications in Biomechanics and Kinesiology		
UBM19CT503	Fundamentals of Research and Statistics in Biomechanics and Kinesiology		
UBM19CT504	Software Applications in Biomechanics and Kinesiology		
UBM19CT501	Biomechanics of Sports and Games - I		
UBM19CT505	Sports Technology		

SEMESTER - 6

Subject Code	Subject Name	Date	Time
UBM19CT604	Introduction to PYTHON in Biomechanics and Kinesiology		
UBM19CT601	Introduction to Sports Performance Analysis		
UBM19SE601	Group Project (Last Date of Submission)		
UBM19CT603	Introduction to MATLAB in Biomechanics and Kinesiology		
UBM19CT602	Foundations of Sports Training, Measurement and Evaluation	03-12-2026	10:00 AM to 01:00 PM
UBM19CT605	Introduction to OPENSIM in Biomechanics and Kinesiology	03-12-2026	02:00 PM to 05:00 PM

Controller of Examinations
TNPESU, Chennai - 127.

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ODD SEMESTER REGULAR EXAMINATION NOVEMBER-2026

BACHELOR OF BUSINESS ADMINISTRATION IN SPORTS MANAGEMENT-(2018 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
USM18CT101	Tamil - I / Hindi - I		
USM18CT105	Business Economics		
USM18CT102	English - I		
USM18CT103	Principles of Management		
USM18CT104	Financial and Management Accounting		

SEMESTER - 2

Subject Code	Subject Name	Date	Time
USM18CT202	English - II	09-12-2026	10:00 AM to 01:00 PM
USM18CT203	Organizational Behaviour	10-12-2026	10:00 AM to 01:00 PM
USM18CT205	Business Mathematics and Statistics	10-12-2026	02:00 PM to 05:00 PM
USM18CT201	Tamil - II / Hindi - II	11-12-2026	10:00 AM to 01:00 PM
USM18CT204	Business Environment	12-12-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
USM18CT303	Operations Research	07-12-2026	10:00 AM to 01:00 PM
USM18CT304	Management Information System	08-12-2026	10:00 AM to 01:00 PM
USM18CT301	Legal Systems in Business	11-12-2026	10:00 AM to 01:00 PM
USM18CT302	Business Communication	12-12-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
USM18CT401	Production and Operations Management	07-12-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
USM18CT403	Financial Management	08-12-2026	02:00 PM to 05:00 PM
USM18CT404	Human Resource Management	09-12-2026	02:00 PM to 05:00 PM
USM18CT402	Marketing Management	11-12-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
USM18CT501	Research Methods in Business	02-12-2026	10:00 AM to 01:00 PM
USM18CT502	Total Quality Management	03-12-2026	10:00 AM to 01:00 PM
USM18DE501	Sports Organization and Administration	04-12-2026	10:00 AM to 01:00 PM
USM18DE502	Fundamentals of Sports Management	05-12-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
USM18DP601	Project Work		
USM18CT601	Entrepreneurial Development	02-12-2026	02:00 PM to 05:00 PM
USM18CT602	Retail Management	03-12-2026	02:00 PM to 05:00 PM
USM18DE601	Sports Marketing	04-12-2026	02:00 PM to 05:00 PM
USM18DE602	Sports Facility Management	05-12-2026	02:00 PM to 05:00 PM

Controller of Examinations